

# Information Sheet

## The Behavior Toolbox Series - 2018

The Behavior Toolbox series provides researched intervention strategies which give clear options for managing social, emotional and behavior issues both in the home and school setting. They are designed for use by both parents and professionals whether using a mobile or desktop device.



### **Child Behavior Toolbox (CBT) – Infancy to 12 Years**

Child Behavior Toolbox is the longest standing edition of the series. The first commercially available versions were produced on CD-ROM and were widely used in education and mental health. The current edition is online and supports professionals in education, mental health and healthcare. It covers a diverse range of behavioral concerns addressing 80 distinct behaviors under 11 major subject areas including oppositional defiance, selective mutism, compliance, teasing, bullying, anger, anxiety, cyber abuse and social problem solving. Results can be tailored for use at home, preschool, school and in therapy.



### **Adolescent Behavior Toolbox (ABT) – 12 to 18 Years**

ABT was developed to extend support for education and mental health professionals into the older age groups through to adulthood. It is a continuation of CBT but deals with the specific behaviors experienced in the 12 to 18 age group. As with all the Toolbox editions ABT offers assistance dealing with age related issues and covers such topics as self esteem, suicide intervention, communicating with teens, sexuality, conversational skills, developing friendships, substance abuse, and many more important subjects.



### **Autism Behavior Toolbox (AuBT) – 5 to 12 Years**

This edition is specifically designed to support teachers and their assistants in managing the behavior of children with autism spectrum disorder and to provide mental health and healthcare professionals with a good working knowledge of autism treatment. Teachers will also find it an effective tool for working with parents in a truly collaborative manner. Topics include classroom modification, academic accommodations, play and leisure skills, behavior in the community, compulsions and fixations, sensory issues and personal safety. These can be further refined based on more detailed knowledge about the child and their environment.



### **Autism Family Toolbox (AFT) – 2 to 12 Years**

Autism Family Toolbox is a resource for parents and family members raising children with autism spectrum disorder between the ages of 2 and 12. Autism Family Toolbox not only gives a choice of intervention strategies to deal with real-time issues like meltdowns or anxiety, but it will also provide practical help to deal with new and existing challenges such as visiting the dentist or going to a restaurant. Autism Family Toolbox offers real help to parents every day regardless of location or whether access is from a computer or mobile device.. Topics cover communication, social emotional adjustment, sensory issues, social skills, enhancing success and safety self-abuse, pica, self-stimulation, stripping clothes, sleeping difficulties, wandering, running and climbing, and more.



### **Family Behavior Toolbox (FBT) – 2 to 12 Years**

The Family Edition is intended for parents and family members who wish to deal with some of the behavioral challenges in raising children between the ages of 2 and 12. In addition to the intervention strategies the Family Edition includes background information to help parents and families understand some of the developmental issues and how to manage them. Topics areas include anxiety, anger, fears and phobias, making friends, shyness, compliance and sibling rivalry. Families can gain access to FBT through their education, mental health or healthcare professional or their library system, or they can acquire their own license.



### **ADHD Behavior Toolbox (ADHD) – 5-12 Years**

The ADHD Toolbox is a resource for both professionals and parents. The focus is on the school aged child. Over sixty behavioral and learning concerns are dealt with including aggression, hyperactivity, impulsivity, distractibility, lying, stealing, sleeping, bad language, tantrums, oppositional defiance, organization, self-regulation, working memory, auditory and visual attention, social problem solving, and making friends, medications, to only mention a few.

## We also have iOS apps for iPhone and iPad!



The **Autism Behavior Toolbox for Families-Challenging Behaviors** focuses on the parents who have children on the autism spectrum with particularly challenging and some of the more difficult behavioral issues. It's a good place to start when parents feel unsure of where to begin, especially at the early diagnostic stage. Parents can get strategies for themselves as well as choosing ones for grandparents or for care providers outside the home. Results can be shared via email or text in the form of a PDF file. It includes self-abuse, self-stimulation, personal safety, pica (eating non-food substances), climbing, wandering, sleeping and stripping as but a few examples. A suggested reading list is attached for each topic.



The **Autism Behavior Toolbox for Families - Social Skills** contains suggestions for parents on how to develop independence in community settings. It contains ideas on conversational skills, friendships, bullying and teasing, going to community professionals (doctor, dentist, hairdresser) riding a school bus, play and leisure skills, travelling, going shopping and to restaurants, and many others. Using the same format to our Challenging Behaviors App, results can be sorted according to age. You can also share results with anyone of your choice through email or text. You can store the results in a file that you can use for further reference.



The **ADHD Behavior Toolbox for Home and School** contains suggestions for parents and professionals on how to manage the behavior and learning environments of children with attention deficit and hyperactivity disorder in the 5 to 12-year-old range. Parents and professionals, especially those working in a school setting will find many useful ideas. It contains strategies on dealing with aggression, anger, anxiety, auditory attention, bad language, conversational skills, cooperation, distractibility, following-directions, hyperactivity, impulsivity, lying, making friends, managing screen time, medication, memory games, memory strategies, memory tools, nonverbal problem solving, oppositional defiance, organization, selective attention, self-regulation, social problem solving, stealing, tantrums, verbal problem solving, visual attention, and working memory.

Using the same format to our other two apps, results can be sorted according to age. You can also share results with anyone of your choice through email or text. You can also create an Apple Book™ which produces a colorful printout that you can also share with others. You can store the results in a file that you can use for further reference.

Special pricing for our online products are available for individual schools as well as multi-school sites. We're affordable. Prices for smaller schools start as low as \$25.00 USD per module and allow for multiple users for a 1 year licence, with 2 and 3 yr licenses also available. All six products are available for \$99.95, \$109.95, and \$119.95 USD for a small single school (3-6 classrooms) for one, two-year, or three licenses.

Our apps, available through the Apple Store, are also reasonably priced. Please check the Apple Store for pricing in your local currency. If you wish a free 10 day trial of all our online products please call us at the number below or email us and we will respond promptly.

**For more information go to [www.behaviortoolbox.com](http://www.behaviortoolbox.com) or [email](mailto:sales@behaviortoolbox.com) us at [sales@behaviortoolbox.com](mailto:sales@behaviortoolbox.com). Please don't hesitate to call us at 250-217-0241 if you wish further information or a demonstration or a free one-week trial.**

**Developer: David Erickson PhD (Counselling Psychology)**